



# Tuesday Evening Flat Track, Graded, Meets 2020

Moorways Stadium, Derby DE24 9HY (not entry address)

Information <http://runjumpthrowathletics.co.uk>

Limited entry to ensure events run to times. No entries on the night.

Use this entry form for any or all Meets - £5 per Meet or all five Meets for £20

Pick up to 2 events for each athlete at each Meet for £5 by putting your times\* next to them

Please enter as far as possible in advance for all Meets – Full events will be closed to new entries

For grading/seeding purposes the **deadline for each Meet is the Thursdays before each Meet**

Athlete Name ..... Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_ (dd/mm/yy)

U11, U13, U15, U17, U20, Snr\* Gender .... M/F Club.....

Email \_\_\_\_\_@\_\_\_\_\_ Emergency Phone No. \_\_\_\_\_

| April 7th     | May 12th      | June 16th     | July 21st     | August 11th   |
|---------------|---------------|---------------|---------------|---------------|
| 75m U11/13    | 800m          | 75m U11/13    | 800m          | 75m U11/13    |
| 100m          | 75m U11/13    | 100m          | 75m U11/13    | 100m          |
| 1200m U11/13  | 100m          | 1200m U11/13  | 100m          | 1200m U11/13  |
| 1500m         | 800m U11/13   | 1500m         | 800m U11/13   | 1500m         |
| 150m          | 400m          | 150m          | 400m          | 150m          |
| 3000m         | 300m          | 200m          | 300m          | 200m          |
| 1500sc W      | 150m          | 3000m         | 150m          | 3000m         |
|               | 200m          | 1500sc W      | 200m          | 1500sc W      |
| <b>DADA 1</b> | <b>DADA 2</b> | <b>DADA 3</b> | <b>DADA 4</b> | <b>DADA 5</b> |

\* If times for chosen events are ticked, the athlete's times will be estimated for grading into races.

(Events are shown in timetable order - 7pm start – fastest athletes first in each event)

Times can be updated during the season using <http://runjumpthrowathletics.co.uk/contact>

Signed ..... Date .....

(Parents/ Guardians must sign for athletes under 18 years of age.)



Please enclose: a completed form; **total payment of £20** (for up to 2 events at each meet) advance with cheques/postal orders (with athlete's names written on the back) payable to: "DADA". Post entries to: Karl Ponty, 49 Joyce Avenue, Sherwood, Nottingham, NG5 3FD

**Entry deadline** is the Thursday before each match.

Deadline for DADA 1 - Tuesday April 7<sup>th</sup> (and 5 for £20 offer) is Thursday 2<sup>nd</sup> April.

Following deadlines (DADA 2 – 7<sup>th</sup> May, DADA 3 – 11<sup>th</sup> June, DADA 4 -16<sup>th</sup> July , DADA 5 -6<sup>th</sup> August)

**Confirmations of entry will not be sent out - check your entry has been processed !**

**CHECK ENTRIES HERE :** <http://runjumpthrowathletics.co.uk/> and view all entries.

New this year – No registration required on the night arrive at event start 10 mins before start time. Pick up your numbers anytime on race night from 6pm from the Derby AC clubhouse (Entrance from the car park behind the stand).

Further information about the event will be made available on the website.

Any queries <http://runjumpthrowathletics.co.uk/contact>